Open Cloze – Exercise 1

Fill in the gaps with one word. You will find the key at the bottom of the page.

Making good use of your time

Something that 1) \_\_\_\_\_\_ people have in common is that they hate wasting time. When we are forced 2) \_\_\_\_\_\_ spend do something that we dislike or simply get distracted from 3) \_\_\_\_\_\_ we usually do, we start to feel nervous and uneasy. It is proven in scientific studies 4) \_\_\_\_\_\_ the most tangible way to make us feel happy is by being productive. 5) \_\_\_\_\_\_ we feel that we are making progress and taking advantage of our time, we feel much happier 6) \_\_\_\_\_\_ when we spend our time on boring or wasteful things. This is why it is so important to spend our time doing what we enjoy and with the people we love, our friends and family. This way we will become happier and 7) \_\_\_\_\_\_ fulfilled people.

KEY: 1) many- all; 2) to; 3) what; 4) that; 5) if; 6) than; 7) more